



TROOP 159

Backpacking Checklist of REQUIRED Gear

10-16-09

Basics:

- Properly Adjusted Back Pack
- Water Bottles w/ 2liters Water
- Medic Alert ID
- Rain Gear
- Knife (after Tot'n Chit)
- Headlamp/Flashlight/Batteries
- First Aid / Survival Kit
- Waterproof Matches (w/F'chit)
- Gaiters (optional, but useful)
- Individual share of Patrol Gear
- Pack Cover (Leaf Bags work)
- _____

Clothing:

- Hiking Socks 3 pr (Wool, Poly) **(no cotton)**
- Thin Poly Liners 3 pr
- Comfortable Footwear (Boots)
- Hiking Pants
The new Scout Pants work well (no jeans / cotton)
- Fleece Pants
- Fleece Jacket/Sweater
- Warm Hat, Gloves & Liners
- Fresh dry clothes to sleep in
- Socks 2 pr. (for in camp)
- Underwear 2 pr.
- Poly Pro Long Underwear (2 pr.)
- _____

Personal / Optional:

- Biodegradable Soap (Camp Suds)
- Biodegradable Toilet Paper (Ziploc)
- Small Towel/Wash Cloth
- Toothbrush/Toothpaste
- Compass, whistle
- Stuff Sacks (or Zip-Loc Bags)
- _____
- Sneakers or Tevas for in camp
- Pen/Paper/Scout Handbook
- Camera/Film
- _____

Food:

- Eating Utensils, Cup & Bowl
- Plastic Bags: (Food Storage)
- Plastic Bags: (Trash)
- Trail Snacks
- Individual share of Patrol food
- _____
- _____
- _____

Shelter:

- Tent (share with a Buddy)
- Lightweight tarp/ground cloth
- Foam Sleeping Pad
- Sleeping Bag; 0-20 (1)
- Nylon Cord (~20 ft)
- Duct Tape (~20 ft)
- _____
- _____

Medical:

- Moleskin
- Allergy Restrictions
- Lip Balm
- Suntan Lotion (1)
- Insect Repellent (1)
- Co-ordinate ALL Meds w/SM
- _____
- _____

(1) = Seasonal, preview weather forecast for the area of the outing, not just Westford. It **will** be colder where we are going!