



Troop 159 SeaBase 2010 Gear Recommendations

Packing Your Gear: All your gear (except sleeping pad and snorkel gear) must fit in a 24-inch duffel bag (issued at check-in). No suitcases or frame backpacks can be used. Space is limited so you must only bring what you need.



WHAT TO BRING FOR CORAL REEF AND SEA EXPLORING ADVENTURES

- 1 field or activity uniform - Class A for Scouts, Class A or Class B for adults
- **Small Waterproof duffel or backpack**
- Several (2-3) T-shirts
- Shorts
- Lightweight rain gear (optional)
- Sunglasses with strap (polarized are best)
- **1 pair of deck shoes or sandals (Closed toed like Keens or other brands)**
- 16 ounces of lotion (no pump or aerosol) sunscreen (SPF 30+, waterproof)
- Toiletry kit
- Wide-brimmed hat
- 1-2 pairs of socks
- 2 swimsuits (modest style)
- 2 towels and a small pillow
- 2 Large-mouth water bottle with a plastic clip (add a coffee mug if desired)
- **One sheet and a warm blanket or sleeping bag**
- **Sleeping pad—backpacking type**
- Insect repellent
- Prescription medication
- Proof of age/photo ID
- Copy of medical insurance information
- Small flashlight
- *1 Pair zip off long pants*
- *Lip balm*
- *Fleece Liner & Windbreaker*
- ***Mesh Laundry Bag (to dry gear up on deck and keep together)***
- Extra money (\$100-\$125)

DO NOT BRING

- MP3, iPod, or video game players, cell phones
- Fireworks
- Skateboards

OPTIONAL ITEMS

- **Hawaiian-style shirt (for the luau)**
- **Camera (waterproof if possible)**
- **Personal snorkel gear**
- Bonine® (for seasickness)
- Skin So Soft lotion (non DEET bug repellent alternative)
- **Wet Suit**
- **Dive Gloves**

NOTE: Items in Bold are potential gift ideas. Items in italics and with blue bullet (•) were added based on recommendations made during the 11/1 meeting.