



WPC Speakers 2010

The Westford Parent Connection, founded in 2001, strives to offer the best in parent enrichment and education programs for Westford and surrounding communities. Our programs for the remainder of the 2009/2010 school year are listed below. For more information, please go to www.westford.com/wpc/ or contact Mary Anne Seraphin at mseraphin@comcast.net.

DATE	EVENT	SPEAKERS	FOR PARENTS OF...	LOCATION
Jan 20 <i>snow date</i> Jan 21 \$5/advance, \$8/door	Mad...Sad...Bad! Helping Young Children Deal With Strong Feelings	Deborah Weinstock-Savoy, Ph.D.	infants through kindergarten age	Stony Brook Middle School Auditorium
Jan 26 <i>snow date</i> Jan 27 FREE	Nutrition: Fostering A Healthy Relationship With Food In partnership with Lowell General Hospital.	Margaret Wandrey, clinical nutrition manager, Lowell General Hospital; Dr. Joan Eagan, pediatrician, Pediatrics West; and Kim Humphrey, health and wellness teacher, Blanchard Middle School.	children of all ages	Blanchard Middle School Auditorium
Feb 3 <i>snow date</i> Feb 4 \$5/advance, \$8/door	Pressured Parents, Stressed-Out Kids: Dealing With Competition While Raising Successful Children	Wendy Grolnick, Ph.D. http://pressuredparents.com/	children of all ages	Blanchard Middle School Auditorium
Mar 3 FREE <i>Revised Date</i>	Helping Kids Thrive: Bullying Prevention	Lisa Sjostrom, Ed.M. www.helpingkidsthive.org/ In partnership with Emerson Hospital www.emersonhospital.org/	elementary, middle school, and high school students	Stony Brook Middle School Auditorium
Mar 17 FREE	Building Resilience: Giving Children Roots And Wings	Dr. Kenneth Ginsburg; in partnership with the Westford Board of Health, Westford Against Substance Abuse, Emerson Hospital, and Lowell General Hospital www.chop.edu/doctors/ginsburg-kenneth-r.html	upper elementary, middle school, and high school students	Blanchard Middle School Auditorium
Apr 6 \$10/advance, \$15/door	The Parents We Mean To Be: How Well-Intentioned Adults Undermine Children's Moral And Emotional Development	Dr. Richard Weissbourd www.richardweissbourd.com/	children of all ages	Blanchard Middle School Auditorium
Apr 15 REVISED DATE \$10/advance, \$15/door	Taking Back Childhood: Helping Your Kids Thrive In A Fast-Paced, Media-Saturated, Violence-Filled World	Nancy Carlsson-Paige, Ed.D. http://nancycarlssonpaige.org/	younger children up through elementary school age	Stony Brook Middle School Auditorium

All programs begin at 7:00 p.m. Tickets for these events are available in advance at the Roudenbush Community Center, 65 Main Street, Westford, until noon the day of each event. Exact change or checks are appreciated. After 12:00 p.m., tickets may also be purchased at the door.

Thank You To Our Sponsors

The Westford Parent Connection is grateful for the support of the Westford Public School system, the Westford Board of Health, the Roudenbush Community Center, the Westford Elementary and Middle School PTOs, the Westford Charitable Foundation, Emerson Hospital, Lowell General Hospital, and other local sponsors. For more information, check out the Westford Parent Connection website at www.westford.com/wpc/.

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A Community Resource for Parent Enrichment